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Excerpt

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THE COVER ART

The art used on the cover is called “Great Clouds of Heavenly Joy,” selected from my Earth Echo Galleries, www.earthecho.com. This image started as a photo which was enhanced using computer-based imaging tools to accentuate the underlying spiritual essence.

I’ve been making art for many years, but my work as an author and book designer is recent. My art is intended to express harmony, love and beauty. I strive for these same qualities in my writings about the Church and in my book designs.

Full Bloom



THIS IS AN AMAZING TIME to be here on Earth. Great changes are happening, as we all know. I sense that we are in the midst of an unprecedented influx of the energies of love, balance and harmony. This is actually a new and magnificent coming of the Christ—the Christ Seed coming into full bloom. The coming is not in the form of a person but rather a new awareness, a new consciousness that arises within our hearts and throughout our societies and across the Earth. Many are helping to lead the way into the new, and the old is falling away.

If this is true, why is there so much tension, conflict and chaos in the world? The answer is that the old ideas and ways of fear, manipulation, arrogance and greed can no longer be supported going into the future. Those who hold onto the old are feeling threatened and are responding in all the old ways. The chaos we see is a natural and temporary by-product of change. Love will prevail.

This book is a sharing of my personal insights into ways the Church and all of us as Catholics can help create and partake in this wondrous event—the Christ Seed coming into full bloom, a deep and vibrant breath of fresh air.

The Sign of the Cross



A TRADITION IN THE CATHOLIC FAITH and several other Christian faiths is to make the sign of the cross. The usual way (with some variations) is to touch the forehead, then touch the lower middle chest, and then the left and right shoulders, thus tracing a cross over the body. This is traditionally a way to invoke the Trinity: the Father, the Son, and the Holy Spirit.

I have a new understanding. Consider that the vertical line of the cross represents the divine and the horizontal line the human. Crossing oneself then expresses an understanding of the divine and the human joined, with the center at one's heart. Done slowly and meditatively, this can create a wonderful energetic feeling and is appropriate for all people whether Christian or not. It helps me to realize and feel a key message intended by Jesus and other spiritual masters that have come to us over the ages—that we are created both human and divine.

A Parting Word



You are God's Commandment

You are the Divine

Behold your radiance